

# *Camp Outback at Boshack*



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Find us online at

Website: <http://www.boshackoutback.com>

Facebook: <http://www.facebook.com/boshackoutback>

# Introduction to Boshack Outback

Turn off your mobile phone, pre-record your favorite TV show, take in a deep breath of city air and exhale till blue in the face. You are now ready to explore one of Australia's most fascinating back to basic, eco experience on offer.

An eco adventure like no other, nestled only 90 minutes from the hustle and bustle of the Perth CBD, Boshack Outback, as the name suggests is an oasis set amongst the rough. Imagine a bucket of water that is filled 25,000 times - that is close to the amount of water that is delivered to Boshack, by way of underground springs, every hour of every day.

Boshack has chosen to use solar power, not as a point of difference, simply because we can. Why purchase fertilisers when you can create your own? Ever eaten a lettuce leaf, that hasn't been sprayed with poisons?

Boshack offers a rare chance to live an ex-farmers dream to return to the country. Inhale fresh air, relax in nature and, most importantly, live a healthier and cleaner life.

Walk the path less travelled, nestled by vegetation planted by previous generations, take in the stars that line the sky of an evening - all these minus the pollution that hides much of what is out there.

**Our educational programs** cater to all age groups and many curriculum guidelines. We offer from 1 to 5 day programs, which can include a full day survival challenge. Adjustments to the programs can be made. We can email our camp work booklets & guidelines to suit your requirements, ready for you and your students to get started before you arrive.

Unfortunately, mobile reception and pollution are rarely located at Boshack, so best come prepared.

**The Survivor Package at end of this document can replace Day 3 or 4.**

The perfect eco farm getaway and return to nature - be it for a day, overnight or a week. Boshack Outback has packages and rates that suit everyone's need and budget and can accommodate 70 overnights to 120 for the day.

"I just love waking in the morning, not to a siren, not to an alarm clock, but to nothing"  
- Yakamota 2005

# 4 Nights - 5 Days

## Boshack Camp Program

### Day 1

Arrive in Toodyay



Visit Mill, Jail and Visitor centre,  
byo lunch by River



walk

Arrive at Boshack



Bush



Introduction and tour of Boshack



Orienteering,- Land



& Water



Net Fishing



Create a song



Contribute to your camp

## Day 2

Boshack Outback Experience

Farm Walk 



Sheep Mustering by foot

Boomerang' throwing



Water Divining



Feed farm animals



Aboriginal Dreamtime Story & Didgeridoo Playing



Bush Chocolate Tasting



& Witchetty Grub

Early settler & Aboriginal history of the bush

Lifestyle and culture of our forefathers

Paper bark forest walk



Catch yabbies



Billy tea & damper



Bush Tucker

Hayride.



Design/Plan and Build a Bush Shelter



## Day 3

Obstacle Course



Scavenger Hunt



Team building activities



Challenge on the lake



Raft Building



Sketching



Feed kangaroos



Cooking



## Day 4

Tracking



Relay on the Lake.



Design a Miniature Boshack on a plate

## Teachers Program of Activities

Boshack Song Performance



## Day 5

Pack bags



Clean up accommodation

Sustainable in Nature:

vegetable garden/worms/Chooks/aquaponics tour & talk



Grind up wheat



turn this into flour to make damper

Recycled Craft Activity



Evaluation



Depart Boshack



# Boshack's Outback Survivor Challenge



Teams participating in this challenge will be required to have the ability to work together without adult supervision for the day. However there will be a check point half way through the challenges.



Those that require their teacher to participate in these challenges may do so



Starting time 8am  
Check point 11 am to 12.30pm  
Finishing time 4pm

## Boshack's Outback Survivor Challenge

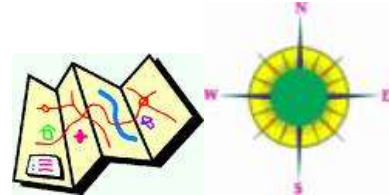
Each team will be given up to 10 challenges to complete  
Program choices can be 4, 6 or 8 hours

**For the full challenge (8hrs) the areas of learning will be:**

Team building



Navigation



Water collection



Water purification



Animal signs recognition



Tracking



Bush first aid



Signals



Shelter Building



Fire lighting



*Please note: fire challenges will change during the "restricted period" in the warmer months*

*4-6 students in each group*

***Personal items to bring:*** small first aid kit, hat, water bottle, weather protection gear (ie: sunscreen, covering up for summer, rain jacket for winter)



***Each group will be supplied with a survival pack which contains the following:***

Survival challenges

Important information to help with challenge subjects

Map

Paper, pen & clipboard

Large clear plastic bag

String x 4

Container

Collections bag

Reflective material

Snack food

Matches will be given out at fire lighting area in the evening

Lunch will be provided

**Working as a team is essential to surviving these challenges as is a sense of adventure with a dose of fun**



## Bush Travel Considerations for Participants

- a. Read information supplied in your folder on the subject of a challenge before starting each activity
- b. Drink water regularly
- c. Maintain a realistic pace
- d. Take rest stops when needed in shade
- e. Avoid overdressing and overheating
- f. Wear hat and sunscreen/protective clothing in warmer months
- g. Consider food requirements
- h. Take special care of feet - deal with blisters before they appear
- i. Go around obstacles, not over or through them.
- j. Travel on trails, if possible
- k. In case of emergency 2 people will go for help the others will stay with casualty and render first aid

